

Biriani Dishes (Medium)

Basmati Pilau Rice stir-fried in delicate exotic spices. Garnished with salad. Served with a separate **MEDIUM** Vegetable Curry. ASK for your chilli strength. A complete Meal.

Vegetable (V) (Vg) - Mixed	12.95
Chicken or Lamb	13.95 / 14.95
Chicken Tikka	14.95
Duck Breast Tikka	15.95
King Prawn	16.95
Chef's Special	16.95

Chicken, Lamb, Prawns & King Prawns



Curry Garden Classics

Vegetable (V) (Vg) - Mixed	9.95	Duck Breast Tikka	14.95
Chicken or Lamb	10.95 / 12.50	King Prawn	16.50
Chicken Tikka	12.50	Chef's Special	16.50

Chicken, Lamb, Prawns & King Prawns

Korma (VERY Mild) (N)
Cooked with coconut, carnation milk and fresh cream. Very mild.
(Vegan option available with coconut milk)

Kashmiri (Mild)
Cooked with lychee and bananas in subtle spices with lots of sauce. (Vegan option available with coconut milk)

Malaya (Mild)
Cooked with pineapples in delicate spices with lots of sauce. (Vegan option available with coconut milk)

Balti Dishes (Medium)
Cooked in a special medium sauce with lots of onions, green & red peppers & coriander, ASK for HOT with green chillies.

Dupiaza (Medium)
Cooked in medium spices with chunks of fried onions. Full of flavours.

Bhuna (Medium)
A well balanced dish - full of flavour, in medium spices with tomatoes and finely diced onions.

Saag Curries (Medium)
Cooked with lots of spinach & finely diced onions in medium spices. Full of flavour, even better with a few chillies.

Jal frizzi (Medium)
With lots of diced green & red peppers, freshly ground garlic, ginger & onions. **MEDIUM**, but can be spiced up with chopped green chillies.

Bombay (Medium)
Cooked with an egg in delicate spices with lots of sauce.

Rogon 🌶️
Cooked in **FAIRLY HOT** spices, topped with pan fried garlic, onions, tomatoes, peppers & freshly chopped coriander. ASK for **MEDIUM** or **HOT!**

Madras 🌶️🌶️
Cooked with hot spices with lots of sauce.

Dansak 🌶️🌶️
Cooked with lentils in **HOT**, sweet & sour sauce.. Very Popular, ASK for **MEDIUM**.

Pathia (N) 🌶️🌶️
Cooked with Coconut in Sweet, Sour and **HOT** sauce. Popular, ASK for **MEDIUM**.

Ceylon (N) 🌶️🌶️
Cooked with coconut, hot spices and lots of sauce.

Vindaloo 🌶️🌶️🌶️
Cooked with very hot spices & potatoes in lots of sauce.

Vegetable Side Dishes (V)

All bhajis (except Onion bhaji) are stir-fried with a touch of spice & a sprinkling of onion, peppers, garlic & coriander. ASK for your chilli strength.

Onion Bhaji (G)	4.55
Sliced onion in spicy batter, flash fried 2 pieces	
Mixed Vegetable Curry (Vg)	4.95
Mushroom Bhaji (Vg) - Diced	4.95
Saag Paneer	5.75
Indian Cheese, with Spinach and a touch of cream	
Motir Paneer	5.75
Green Peas with Indian Cheese and a touch of cream	
Cauliflower Bhaji (Vg)	4.95
Aloo Gobi Bhaji (Vg)	4.95
Potatoes & Cauliflower	
Saag Bhaji (Vg)	4.95
Spinach - Brilliantly done, full of flavour	
Dal Mosaala (Vg) 🌶️🌶️	4.95
Hot & spicy lentils	
Tarka Dal (Vg)	4.95
Lentils with lots of garlic, divine - can have it thicker!! (Add 50p)	
Chana Mosaala (Vg)	4.95
Chickpeas with a touch of curry sauce	
Chana Dal (Vg)	4.95
Chickpeas with lentils and curry sauce	
Mixed Vegetable Samba (Vg) 🌶️🌶️	4.95
Hot with Lentils, full of flavours	
Bindi Bhaji (Vg)	5.25
Diced Okras or Ladies Fingers	
Brinjal Bhaji (Vg)	5.25
Diced Aubergine	
Bombay Potatoes (Vg) 🌶️🌶️	4.95
Hot & Spicy Potatoes, very popular can have it less hot	
Saag Aloo Bhaji (Vg)	4.95
Spinach & Potatoes	

Rice

Pilau Rice (V)	3.95
Finest Basmati lightly fragrance	
Boiled Rice (V) (Vg)	3.75
Steamed Rice	
Special Fried Rice (V)	4.75
with fried peas and egg	
Mushroom Fried Rice (V)	4.75
Onion Fried Rice (V) (Vg)	4.50
Coconut Rice (V) (Vg) (N)	4.50
Garlic Rice (V) (Vg)	4.50
Keema Fried Rice	5.25
Spicy minced Lamb fried with Basmati rice	

Bread & Bits

Nan (V) (G)	3.95
Leavened bread baked in the tandoor	
Peshwari Nan (V) (N) (G)	4.45
Sweet with ground sultanas, coconut & almond	
Garlic Nan (V) (G)	4.25
Green Chilli Nan (V) (G) 🌶️	4.25
Coriander Nan (V) (G)	4.25
Keema Nan	5.25
Spicy minced lamb stuffing in centre	
Special Paratha (V) (Vg) (G)	4.25
Bread baked with butter, shallow fried in Veg Ghee	
Chapathi (V) (Vg) (G)	1.95
Soft puffed bread	
Roti (V) (Vg) (G)	3.50
Indian bread baked in the tandoor	
Raitha (V)	3.50
Homemade Yogurt with diced Cucumber or Onion	
Mixed Salaad (V)	3.95

Drinks

Bottle (1.5ltr) - Diet Coke / Coke each	3.95
Can of each	1.85
Diet Coke / Coke / Rio Tropical	

ALCOHOLIC and Additional SOFT DRINKS
Please see website or call.

4 Course BANQUET

EVERY WEDNESDAY
from main menu

- Any Poppadom
- Any Starter
- Any Main Dish
- Any Rice or Nan Bread
- Coffee or Ice Cream

Only
£19.95
Per Person

EAT-IN ONLY
(Mix Kebab, Tandoori Mix & dishes with king prawn or duck - extra: Main £7.95 & Starter £5.95)
Excludes Bangladeshi Menu.

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Curry Garden

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10 High St. Ringwood, BH24 1AF (Next to Barclays Bank)
Open 6 days: 5.00pm - 11:00pm (Closed Tuesdays)

FREE Parking
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Appetisers

Plain Papadom (V) (Vg) (each)	1.10	Chutney (V) (each).....	1.15
Spicy Papadom (V) (Vg) (each)	1.35	Mango chutney (V) (Vg), Onion salad (V) (Vg), Sweet Chilli & Tamarind Sauce (V) (Vg)	
Spiced Lime Pickle (V) (Vg) 🌶️ (each) ..	1.25	Mint Yoghurt Sauce (V)	

Starters

An exceptional range of starters to begin your meal.
Why not eat in traditional style by ordering a selection and sharing them

Onion Bhaji (V) (G)	4.95	Seek Kebab	6.25
Sliced Onion in spicy batter, flash fried - 2 pieces		Minced Lamb blended with Tandoori spices, grilled in clay oven	
Tandoori Chicken	5.55	Daal Dhi Pakora (V) (new)	5.95
on the bone Chicken marinated with Tandoori spices, grilled in a charcoal oven		Stone-ground lentils, sliced onions, and a touch of green chilli, blended with fresh herbs and lightly spiced gram flour batter, flash fried into bitesize morsels.	
Chicken Tikka	5.55	Somosa	4.95 / 5.25
Boneless Chicken marinated with Tandoori spices, grilled in a charcoal oven		(Vegetable (V) (Vg) (G) or Lamb) Pastry savoury filled with delicately spiced. Deep fried to a crisp. Very popular throughout the Indian Sub-Continent.	
Lamb Tikka	6.55	Bhuna Prawn on Puri (Medium) (G)	7.95
Boneless Lamb marinated with Tandoori spices grilled in clay oven		Spiced prawns cooked in delicate spices and served on a flakey Indian Bread	
Duck Breast Tikka	6.95	Bhuna Chicken Tikka on Puri (Medium) (G)	7.95
Boneless Duck marinated with Tandoori spices grilled in clay oven		Marinated chicken cooked in delicate spices and served on a flakey Indian Bread	
Spicy Duck (new) 🌶️	7.45	Mix Kebab Platter	9.95
Boneless Duck breast infused with a touch of chilli marinated with Tandoori spices and grilled in clay oven		Assortment of chicken tikka, lamb tikka, onion bhaji and sheek kebab	
Mishty Murg Pakora (new)	6.45		
Caramelised onion, wilted spinach, and marinated chicken blended with fresh herbs and lightly spiced gram flour batter, flash fried into bitesize morsels.			

🌶️ Fairly Hot • 🌶️🌶️ Madras Hot • 🌶️🌶️🌶️ Vindaloo Hot

We can amend the level of chilli strength to suit your exact requirement. Please ask. (Add 75p)

(V): Suitable for Vegetarians • (Vg): Suitable for Vegan Diet

(N): May Contain Coconut or Almond • (G): NOT Suitable for Coeliac Diet

PLEASE NOTE: All food is prepared in an area where nuts are handled.

For specific dietary requirements please speak to a member of the management team.

Whilst we make every effort to ensure that your food is suitable for you, unfortunately it is not possible for us to guarantee that our dishes will be 100% free from allergen. Our fish dishes may contain small bones.

Clay Oven Grilled - Tandoori (Mild - Medium)

Served SIZZLING, Marinated in yoghurt with tandoori spices & cooked on a skewer, in a charcoal fired clay oven. Served with salad and Curry Garden's special blend of mint yoghurt sauce and sweet chilli & tamarind Sauce. A healthy option!

Tandoori Chicken - on the bone	10.95	King Prawn Tandoori	16.55
Chicken Tikka - boneless, breast	10.95	Wonderful jumbo size prawns from the Pacific.	
Lamb Tikka - boneless	11.95	Chicken or Paneer (Curd Cheese) Shashlik	11.95
Duck breast Tikka - Boneless breast	13.95	Similar to Chicken Tikka but with grilled peppers, onions & tomato	
Tandoori Mix Platter	16.95	Lamb or Duck Breast Shashlik	12.95 / 14.95
A platter of tandoori delicacies including tandoori chicken, chicken & lamb tikka, sheek kebab & king prawn tandoori		With grilled peppers, onions & tomato	

Specialities of the House

Chicken Tikka Mossala (N)	11.95	Vegetable (V) (Vg) - Mixed	10.50
Lamb Tikka Mossala (N)	12.95	Chicken or Lamb	11.50 / 12.95
Duck Breast Tikka Mossala (N)	15.50	Chicken Tikka	12.95
(VERY Mild) Marinated in yogurt & light tandoori spices, grilled in a charcoal fired clay Oven, then cooked in a Karahi with specially prepared tandoori sauce, pinch of coconut, a mild dish and very Popular.		Duck Breast Tikka	15.50
Tandoori King Prawn Mossala (VERY Mild) (N)	17.50	King Prawn	16.95
Wonderful jumbo size prawns from the Pacific, prepared as above.		Chef's Special	16.95
Butter Chicken (VERY Mild) (N) on the bone (ask for off the bone)	12.95	Chicken, Lamb, Prawns & King Prawns	
Marinated in yogurt & light tandoori spices, grilled in a charcoal fired clay Oven, then cooked in a very rich mild sauce.		Pasanada (Very Mild) (N) - In almond & coconut sauce and garnished with flakes of almond & sultanas	
		Karahi (Medium) - Cooked in a Karahi with strips of green peppers, onions, tomatoes, medium sauce.	
		Garlic Chilli 🌶️🌶️ - Cooked with fresh green chilli, crushed garlic and selection of herbs & spices.	
		Saagwala (Mild) - Curried Spinach with Indian homemade Cheese (Paneer), cooked in delicate spices and fresh cream	

Curry Garden EARLY BIRD OFFER

FREE bottle of wine on production of this voucher when Dining In.

Valid Sunday to Thursday between the hours of 5pm - 6.30pm

Please present voucher upon arrival. Only one voucher per table with minimum of 4 diners. Excludes KEY dates and cannot be used in conjunction with other offers.

For full T&Cs -see: www.currygarden.com/earlybirdoffer

Special Bangladeshi Menu

...some exciting flavours! Prepared with all the care and attention Bengalis are known for.

Vegetable (V) (Vg) - Mixed	13.75	King Prawn	17.50
Chicken or Lamb	13.95 / 14.95	Fresh Sea Bass - Boneless	15.95
Chicken Tikka	14.95	Salmon Fillet	16.55

DESHI MEETA KOYFOL (Medium)
With Sweet Paw Paw (or Papaya) cooked in a
delicate sauce with a dash of coconut milk, selected
Bangladeshi herbs & spices and sprinkling of
fresh coriander. Full of flavour, even better with
a few chillies.

MEETA-KUDHU (Medium)
cooked in a delicate sauce with Bengali Pumpkin
(similar to Butternut Squash) pinch of selected
Bangladeshi herbs & spices.

HATKORA (Medium)
Cooked in delicate Bangladeshi spices with an exotic
Bangladeshi fruit known as Hatkora. Wonderful
aroma - much loved by the Bangladeshis.

DESHI SAAG DAL (Medium)
Spinach combined with lentil and a touch of lemon
juice, in a delicate sauce with selected Bangladeshi
herbs & spices, and lots of garlic and onions. Full
of flavour, even better with a few chillies.

DESHI MAALI (VERY Mild)
cooked in coconut milk & cream, sultanas and
pineapple in a rich Maali sauce with a pinch of
selected Bangladeshi herbs & spices.
(Vegan option available with just coconut milk)

DESHI KEEMA 🌶️
 14.95 || Prime minced Lamb cooked with chopped potatoes and marrow fat peas in fairly hot Bangladeshi spices. A delicately spiced dish for meat lovers. | |

DESHI NAARIKELL CURRY (Mild) (N)
cooked in a rich but spicy coconut cream sauce
blended with sliced Ginger, Cauliflower, Red & Yellow
peppers, Aubergine, Mushrooms, Coriander and our
finest selection of Bangladeshi herbs & spices.
(Vegan option available with just coconut milk)

DESHI TIKKA NOODLES (Medium)..
 15.95 || CHICKEN TIKKA or LAMB TIKKA stir-fried with Noodles, sprinkling of red & green peppers, onion, coriander & Bangladeshi herbs & spices - a delicately spiced dish, decorated with slices of egg. | |

Sea Bass & Salmon Dishes

Fresh Sea Bass - Boneless	15.95	Salmon Fillet	16.55
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DESHI SHUNDAR MAS
Marinated in selected Bangladeshi spices then
grilled in charcoal fired Clay Oven with strips of red
peppers & onions. Garnished with coriander,
served with salad & our own Sweet Chilli Tamarind
and Mint Sauce. A wonderful dish.

DESHI MAS TIKKA MOSSALA (N)
(VERY Mild) Marinated in yogurt & tandoori spices,
grilled in a charcoal fired Clay Oven, then cooked in
a specially prepared mossala sauce with pinch
of coconut - a very delicate and mild dish.

DESHI MAS DANSAK 🌶️🌶️
Grilled in a charcoal fired Clay Oven, then cooked
with lentils in a Hot sweet sour sauce. Very Popular.

DESHI MAS TEENGA (Medium)
Marinated in selected Bangladeshi spices then
grilled in charcoal fired Clay Oven, topped with
pan-fried sweet and tangy sauce - of lemon,
garlic, onions, tomatoes and freshly chopped
coriander.